

PARENTING JOURNEY I



Parenting Journey is open to parents of children ages birth to 6 years. No matter where you are from, no matter what your background, you are welcome! We work with mothers, fathers, and caregivers from all walks of life in their parenting journey.

This is an opportunity for you to uncover your inner strength and establish your goals

- ◆ Identify your personal strengths
- ◆ Learn to tackle everyday stressors and challenging situations
- ◆ Strengthen your support network
- ◆ Start accomplishing your personal goals
- ◆ Learn strategies to take better care of yourself
- ◆ Learn about community resources

Totally Free

REGISTER TODAY

Call Lori at: 774-627-2493

Enrollment closes: 1/15/19

WHEN:

- Thursdays
- January 17 through April 4, 2019
- 5:00 – 7:00 p.m.

WHERE:

- People Incorporated Preschool
- 450 Locust Street, Fall River, MA

Dinner, childcare, transportation and incentives provided

